Key Contacts and Websites

UME
Dr. Anthony (Tony) Sanfilippo, Associate Dean
sanfilia@hdh.kari.net; 613-549-6666 ext. 3225
STUDENT AFFAIRS/LEARNER WELLNESS CENTRE
Dr. Renee Fitzpatrick, Director of Student Affairs
rf6@queensu.ca; 613-533-2542
Erie Meyer, Zdenka Ko, Learner Wellness Assistants
learnerwellness@queensu.ca; 613-533-6000 ext. 78451
AESCLAPIAN SOCIETY (AS)
AS Council: www.qmed.ca/as_council
R Sawyer Abdmoulaie, Wellness Officer; wellness@qmed.ca
Website: www.meds.queensu.ca
Student Affairs: www.meds.queensu.ca/academics/undergraduate/student-affairs
Aesculapian Society: www.qmed.ca
QMED Help Tool: www.meds.queensu.ca/academics/undergraduate/help

Academic and Career Wellness

Academic Advising
Academic advisors can assist with academic goals, study skills, etc. Academic advisors include: Dr. Erin Beattie (learnerwellness@queensu.ca), Dr. Craig Goldie (craig.goldie@queensu.ca), and Dr. Susan MacDonald (sem@queensu.ca).
For more information: https://bit.ly/2KouJGp

Career Advising
Career advisors can assist with career goals and decisions. Career advisors include: Dr. Susan Haley (haleys@kgh.kari.net), Dr. Kelly Howse (howsek@queensu.ca), and Dr. Joshua Lakoff (jml7@queensu.ca).
For more information: https://bit.ly/2LyDZHC

CV/Resume Review
Queen’s Career Services offers resume review sessions by appointment.
Website: https://bit.ly/2Kuv9uP

Queen’s Student Accessibility Services (QSAS)
QSAS offers accommodation planning, referrals to supports as needed, advice on accommodation matters, and support around disclosure, self-advocacy, etc.
Website: https://bit.ly/2N4NRal

Queen’s University Libraries
Bracken Health Sciences Library is located in Botterell Hall. Other sites and resources available.
Website: www.queensu.ca/academiclibrary

Emotional/Mental Wellness

Personal Counselling
Becky Haist is an medicine-embedded counsellor available for personal counselling appointments.

Queen’s University Counselling Services
Queen’s offers counselling in personal, social, and academic areas.
www.queensu/studentwellness/counselling-services

Wellness Advising
Wellness Advisors will meet confidentially to assist with physical, emotional, or personal struggles, and to facilitate resource access as needed.
For an appt., email learnerwellness@queensu.ca.

OMA Physician Health Program
Confidential/anonymouse support if concerned about self or colleague. CPSO-independent.
Website: www.php.oma.org

PARO 24-Hour Helpline
Confidential/anonymouse support 24/7 for medical students/residents. Providers are trained in mental health and in issues affecting medical trainees.
Phone: 1-866-HELP-DOC (1-866-435-7362)
Website: www.torontodistresscentre.com/paro

Kingston 24-Hour Crisis Line
24/7, 365 crisis phone line for support and referrals.
Phone: 613-544-4229 (Toll Free: 1-866-616-6005)
Website: www.amhs-klf.ca/services
**Financial Wellness**

**General Queen’s University Student Awards**
This is Queen’s general awards and finance webpage.
[www.queensu.ca/studentawards](http://www.queensu.ca/studentawards)

**Queen’s School of Medicine General Student Awards and Financial Aid**
Information on awards and financial aid specific to medical students.

**Queen’s University Financial Aid**
This page lays out various financial aid options.
[www.queensu.ca/studentawards/financial-aid](http://www.queensu.ca/studentawards/financial-aid)

**Undergraduate Medical Education Awards**
Queen’s medical students are automatically considered for these awards.

**Ontario Student Assistance Program (OSAP)**
Students who are residents of Ontario may be eligible for financial assistance via OSAP.

**Financial Advising**
Queen’s University Student Awards Office offers free financial advising to Queen’s students. Appointments can be made by emailing awards@queensu.ca or calling 613-533-2216. [https://bit.ly/2tJDyzZ](https://bit.ly/2tJDyzZ)

**Physical Wellness**

**Aesculapian Society Athletics**
Website: [www.qmed.ca/athletics](http://www.qmed.ca/athletics)

**Athletics & Recreation Centre (ARC)**

**Health & Dental Plan**
Full-time undergraduate students have access to a health and dental plan via the Alma Mater Society. Opt-out available.
Website: [www.myams.org/plan](http://www.myams.org/plan)

**Pharmacies**
There is a DrugSmart Pharmacy on campus in the Queen’s Centre (ARC), and Shoppers Drug Mart pharmacies at Division & Princess, and Bagot & Princess.

**Telehealth Ontario**
Confidential health and medical advice is available 24/7 from a registered nurse.
Phone: 1-866-797-0000

**QM**
Queen’s Student Wellness Services (SWS)
SWS offers walk-in and booked appointments with MDs and RNs for physical, mental, and sexual health issues.
Phone: 613-533-2506; Website: [www.queensu.ca/studentwellness/health-services](http://www.queensu.ca/studentwellness/health-services)

**Social/Relationship Wellness**

**Aesculapian Society Event Calendar**
Website: [https://sites.google.com/site/silqmed/](https://sites.google.com/site/silqmed/)

**Aesculapian Society Social Events**
The AS hosts events such as an annual golf tournament and formal.
Website: [www.qmed.ca/social](http://www.qmed.ca/social)

**Aesculapian Society Student Groups**
A variety of student groups, including interest groups and service groups are available.

**Medical Student Lounge & Meeting Rooms**
The Queen’s School of Medicine Building has a medical study lounge with amenities, as well as group meeting rooms with after-hours access.

**Spiritual Wellness**

**Christian Healthcare Fellowship**
Provides an opportunity to explore faith, medicine, and how they intersect.
Contact: Gordon Yao (gyao@qmed.ca)

**Christian Medical and Dental Society (CMDS)**
CMDS is a national, Christian organization.
Website: [www.cmdscanada.org](http://www.cmdscanada.org)

**Four Directions Aboriginal Student Centre (“4D”)**
The Four Directions Centre offers academic tutoring and advising, cultural programming, an indigenous-focused library, workshops, and a lounge, kitchen, and laundry facilities.
[www.queensu.ca/fdasc/home](http://www.queensu.ca/fdasc/home)

**Muslim Medical Association of Canada (MMAC)**
MMAC is a national, Muslim organization.

**Office of the Interfaith Chaplain**
The Office of the Interfaith Chaplain provides counselling, ceremonial services, interfaith community development, and spiritual support.
Phone: 613-533-2186; Email: chaplain@queensu.ca
Website: [www.queensu.ca/chaplain/home](http://www.queensu.ca/chaplain/home)

**Queen’s University Reflection and Prayer Space**