Memorial University
Faculty of Medicine; St. John’s, Newfoundland & Labrador

Key Contacts and Websites

UGME
EMAIL: uHEME@med.mun.ca
Dr. Tanis Aden, Associate Dean
864-UGME

Student Affairs
EMAIL: studentaffairs@med.mun.ca
Dr. Greg Radu, Assistant Dean
864-6333
Michelle Snow, Student Wellness Consultant
864-6349
Dr. Teri Stuckless, MedCAREERS Director
864-6333

Newfoundland and Labrador Medical Association
Association Number: 726-7424
inConfidence (counselling): 1-877-418-2181

College of Physicians and Surgeons of NL
cpsnl@cpsnl.ca
726-8546

Websites
MUN Med: www.med.mun.ca
NLMA: www.nlma.nl.ca
CPSNL: www.cpsnl.ca

Financial Wellness

Student Affairs
Philip Kearley, Financial Advisor & Scholarships
studentaffairs@med.mun.ca
864-6395

Scholarships Link:
https://www.med.mun.ca/getdoc/9e135441-c713-4796-8d31-28a8d5459fe8b/Scholarships-Bursaries-Award-2016.aspx

MD Financial
726-2136 (St. John’s branch)
www.mdm.ca

Student Aid Newfoundland & Labrador
studentaid@gov.nl.ca
1-888-657-0800
http://www.aesl.gov.nl.ca/studentaid/

Physical Wellness

The Works
Fitness classes, indoor track, cardio & weight training equipment, swimming pool
www.theworksonline.ca

Student Health Centre
UC-5000
864-8500
Select 1 for physician-related inquiries
Select 2 for counselling-related inquiries

Find a Physician Link
http://www.nlma.nl.ca/Page/Doctors-Taking-New-Patients

811 HealthLine
1-888-709-3555

Needle Sticks & Other Health Hazards
**Academic and Career Wellness**

Dr. Teri Stuckless (Student Affairs)
MedCAREERS Director
studentaffairs@med.mun.ca

Website:
http://www.med.mun.ca/MedCareers/MedCAREERS.aspx

Health Science Centre Library Website
https://www.library.mun.ca/hsl/

Other Websites
Career MD: www.careerMD.com
Careers in Medicine: https://www.gamm.org/cirm/

**Emotional/Mental Wellness**

Michelle Snow (Student Affairs)
Student Wellness Consultant
studentwellness@med.mun.ca

Student Wellness and Counselling Centre
864-8500 to book an appointment
(Select #2)

MUN Online Mental Health Resources
http://www.mun.ca/counselling/home/OnlinementalHealthResources.php

NL Mental Health Crisis Line
Toll free: 888-737-4668 (province wide)
A mobile crisis response team can also be accessed in the St. John’s region by calling this number.

**Social/Relationship Wellness**

Medical Student Lounge
Located on the 2nd floor of the medical school

Interest Groups
MUN Med offers a variety of interest groups for each medical specialty, as well as Exercise is Medicine and Choosing Wisely.

MedSoc
Our medical student society hosts two mixers a year: one at Christmas and one at the end of the school year. Details will be released on facebook as they become available.

MedSoc Social Media:
Facebook: MUN MedSoc
Instagram: munmedsoc

Memorial University Student Life
http://www.mun.ca/student/

**Spiritual Wellness**

Memorial University Chaplaincy
UC-3006

Memorial University Chaplaincy is constantly growing and changing to include every faith. They are there to provide student the opportunity to grow spiritually and they can also provide pastoral counselling and support.

Angican Chaplain: 864-2550
Roman Catholic Chaplain: 864-2534
Pentecostal Chaplain: 864-4374
Salvation Army Chaplain: 864-4375

For more information visit their website:
https://www.mun.ca/chaplaincy/Universitychaplaincs/

Aboriginal Resource Centre
UC-4005
aro@mun.ca
Facebook: Aboriginal Resource Office - Memorial University