

Dear Friends,

Happy New Year!! I hope everyone had a wonderful holiday season with friends and family! I am very excited about and looking forward to all the amazing opportunities that come with starting a new decade. 2020 promises to be a busy year for the CFMS and I look forward to the opportunity to continue to lead our organization as we support, connect and represent you. As we look to hit the ground running, the CFMS will be working on many different initiatives including ones that support:

- 1. Unmatched Medical Graduates/Health Human Resource Planning
- 2. Physician/Learner Health and Wellness
- 3. Equity, Diversity and Inclusivity
- 4. Indigenous Health
- 5. Leadership Development for Medical Students
- 6. Climate Change and Health
- 7. Increasing organizational sponsorship and financial sustainability
- 8. Optimizing organizational governance
- 9. Medical Education experience
- 10. Developing and further collaborations and partnerships

Other important plans for this year include the development of portfolio strategic plans for 2020-2022 and our mid 2017-2022 strategic plan review.

There will be many opportunities for you to get involved, including through our Winter Nominations Committee process. We also have a number of funding opportunities including our Student Initiatives Grants (which are open now until Feb. 11th) and our new Student Innovation Fund which will open later this year. Don't forget to apply for our SGM travel awards through your school process to join us in Vancouver!

The CFMS board also had our Winter Board Meeting in Toronto on Jan 4th-5th where we continued to set the course for the coming year until SGM. It was a busy but invigorating 2 days. We were excited to welcome our new Quebec Regional Director, Corinne Cécyre Chartrand, a second year student from McGill to our team! Corinne will make an excellent addition to the board and we look forward to the impact she will make during the rest of her term.

Lastly, our final year students will be starting their residency interview tours at the end of the week on Jan. 18th. I want to wish everyone good luck and hopefully cooperative travel fortunes during the tour. Please send your final year student colleagues support during this stressful, yet exciting time for us. Watch out for some of the cool contests and prizes that will be going on during the period.

As always if you ever have questions, ideas, concerns or just want to chat you can always reach out to me at president@cfms.org

Sincerely,

Victor Do

CFMS President, 2019-2020