VP Global Health Golden Gao



#### Contents

G	LOBAL HEALTH PROGRAM National Team 2015-2016	1
٥(	DRTFOLIO SUMMARIES	2
	Vice President	2
	Partnerships	
	Human Rights and Peace	3
	Reproductive and Sexual Health	
	Exchanges	
	Global Health Education	6
	Indigenous Health	8

## GLOBAL HEALTH PROGRAM National Team 2015-2016

Vice President, Global Health (VPGH) – Golden Gao (UBC)

National Officer of Partnerships (NOP) – Scott Hodgson (UofM)

National Officer of Human Rights & Peace (NORP) - Koray Demir (McGill)

National Officer of Sexual and Reproductive Health (NORSH) – Jenna Webber (NOSM)

National Exchange Officer (NEO) Outgoing - Antonio Lee (UofT)

National Exchange Officer (NEO) Incoming – Kelly Ma (UofA)

National Officer of Global Health Education (NOGHE) Sr. – Kelita Singh (McGill)

National Officer of Global Health Education (NOGHE) Jr. – Marguerite Heyns (UofC)

National Officer of Indigenous Health – Ryan Giroux (UofT)

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### PORTFOLIO SUMMARIES

#### **Vice President**

Golden Gao (UBC)

### GHP Strategic Plan

- Solicited and analyzed reports of local global health programs from global health liaisons
- Reviewed past GHP reports, key conversations with previous GHP National Officers, previous CFMS GHP small working group minutes, and strategic plans from the CFMS, IFMSA, and CMA
- Drafted GHP strategic directions based on the aforementioned resources
- Planning a strategic plan town hall at the CFMS SGM 2016 to discuss next steps in the consultation process, as well as creation of detailed implementation strategies for year one of the GHP strategic plan

#### Social Medicine Network

- Discussed potential partnership with the current chair of the social medicine network, which is an online database of province-specific opportunities pertaining to social medicine and global health
- Solicited feedback from the CFMS Executives and the GHP National Officers
- Planning a discussion with global health liaisons at the CFMS SGM to consolidate a plan for this potential partnership

#### IFMSA March Meeting

- CFMS sent 10 Canadian medical students to represent Canada at the March Meeting of the International Federation of Medical Students' Associations in St. Paul's Bay, Malta
- Delegates participated in one of the five standing committees (SCO) of the IFMSA, including: human rights and peace (SCORP), sexual and reproductive health including AIDS (SCORA), professional exchanges (SCOPE), research exchanges (SCORE), public health (SCOPH), and medical education (SCOME)
- The global health core competencies was presented to attendees as one of the finalists of the IFMSA Rex Crossley Award
- Delegated prepared presentations on , exchanges fair, international food and beverage night

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#### Faculty Partnerships

- Met with the president of the CFPC to discuss potential collaboration for CFMS Global Health Concentration modules
- Participation in the AFMC Global Health Interest Group and the FMEC Post Graduate Social Accountability Committee

## **Partnerships**

Scott Hodgson (UofM)

## Partnerships Role Establishment

- Met with previous National Officers of Partnerships and Vice-Presidents Global Health, as well as current National Officers and Global Health Liaisons, in order to best define the strategic role of the National Officer of Partnerships going forward
- Feedback will be used to define a Terms of Reference for the role for the SGM.

#### GHL Resource Building

 Through monthly teleconferences with the GHLs, a number of areas of interest were identified, and new resources are being built based on that including a GHL Projects Database, a GHL Communication Drive, and GHL Profiles to be posted on the main website.

### Continuing Partnership Development

 Maintained communication with several key partners throughout the year, with potential for collaborative events and campaigns in the future

## **Human Rights and Peace**

Koray Demir (McGill)

## Lobby Day

- In collaboration with VP Government Affairs and GAAC, co-organized the Federal Lobby Day centered on the theme of access to medicines and a national pharmacare strategy
- Currently working with GA portfolio to plan involvement of GHAs and global health in future lobby days

#### *Open Letter to Refugees*

- Drafted an open letter welcoming refugees which has been translated into English and French (Arabic translation in progress)
- The letter has been signed over 500 times and has been distributed widely

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#### RESULTS Canada

- Have been in talks with RESULTS to offer global health advocacy training sessions at all Canadian med schools;
- Will approach local GHAs to determine when and how exactly to schedule these at individual schools.
- Continuing to iron out details of standardized, local global health advocacy training days

#### Local Outreach & Advocacy

- Schools to plan conferences surrounding migrant health on their individual campuses following a common format
- A number of successful local projects have been completed on refugee health at different campuses, including some national projects
- Currently in process of creating health and human rights pocket card series

## **Reproductive and Sexual Health**

Jenna Webber (NOSM)

#### Overview

- Facilitated and encouraged campaigns at each medical school for the following events: World AIDS Day, International Women's Day, Day of Pink
- Coordinating the creation of the following: Local Lens Initiative (partnerships with local advocacy groups and faculty), partnerships with IG's, and pre-clerkship/clerkship electives catalogue
- Position paper: Rural and Remote Maternity care

#### National LGBTQ+ Health Committee

- Involves faculty, medical students & residents, community advocates
- Goals and structure of the committee to be decided by members during first meeting; currently envisioned
  - o To share information, resources, initiatives, successes and lessons learned regarding implementing LGBTQ content into med school curriculum in Canada
  - o To identify opportunities for collaboration on scholarly research regarding LGBTQ health in medical education
  - o To advocate to licensing bodies (i.e. MCC), Colleges (e.g. CFPC, Royal Colleges) and accreditation bodies (i.e. CACMS) re: the inclusion of LGBTQ related content/objectives in Canadian medical schools and residency programs
- Aiming to have committee formed by end of April

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## IDAHOT Global Campaign

- Created by Canadian NORSH and IFMSA Regional Assistant for the Americas (Carlos Acosta)
  - o Goal: To engage patients, medical students, faculty, medical professionals, and key stakeholders to develop sustainable relationships and action to advocate for the inclusion of LGBTQ+ health and wellness in medical education across the world
  - o This will be accomplished via a mix of global and regional nightly sessions (weeknights) with facilitators for a period of two weeks leading up to IDAHOT. On the day of IDAHOT, interested participants will be encouraged/led to form a working group to create an international statement and resource package urging medical schools to include LGBTQ+ health in the medical curriculum. This package will include resources and examples upon which curriculum reform can be built.
  - Aiming to have resource package with position statement completed and circulated max 1 month after IDAHOT

## **Exchanges**

Antonio Lee (UofT) and Kelly Ma (UofA)

#### **Summary**

- Improved the Outgoing Student Application for clarity and structure
- Implemented the Social Committee Liaisons in select universities
- Significantly increased the number of placements available for Canadian students
- Started offering placement opportunities to students at McGill University
- Made a strong Canadian presence at the IFMSA March Meeting in Malta
- Future tasks include targeting English-speaking countries as placement destinations; expanding the SCORE program; acquiring and maintaining the number of placements in Canadian universities that CFMS is able to offer to international students; working with IFMSA-Quebec to continue to offer fair access to exchange opportunities to students at McGill University; implementing a feedback system for outgoing students; integrating a universal pre-departure training program

#### **Achievements**

The vision for the CFMS Exchanges Program was to build up on the success of the 2015 IFMSA August Meeting in Macedonia. In Macedonia, we were able to more than double the number of signed exchange contracts, dramatically increasing the CFMS' capacity to send Canadian students to take part in a clinical or research placement. This summer, we are on track to send 186 students abroad, up from 83 last season. On the other hand, we are scheduled to welcome 65 international students to universities across Canada.

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This was also the first year to offer the exchange program to the students at McGill University. Currently, only the outgoing program is active on a trial basis and further work is required to fully establish the program at McGill, with the cooperation from the McGill faculty and our counterparts in IFMSA-Quebec.

CFMS also made a strong presence in the realm of exchange program during this year's IFMSA March Meeting in Malta. This year, the CFMS presented a team of three delegates, including a NEO and a LEO, to SCOPE and SCORE sessions. Having a NEO present was invaluable, as he used his expertise, past experiences, and personal and professional network to help CFMS get the most out of the week. Indeed, under the NEO's leadership, CFMS was able to meaningful contributions to discussions and small working groups, share current and relevant exchange-related grievances experienced in Canada, promote lesser known Canadian universities and cities to the world, build relationships with other NMOs, and even resolve longstanding exchange-related issues through person-to-person dialogue.

The productive March Meeting set the stage for success in the upcoming August Meeting. All the hard grunt work that was done in Malta -- all those friendly conversations, verbal agreements, professional networking, and the promotion of Canada as a global exchange destination of choice -- are surely expected to come to fruition in the next Contract Fair in Mexico.

#### Challenges and Next Steps

Once again this year, the Exchange Program must work closely with Deans across the universities to further raise its visibility and importance as a unique learning experience. It is of utmost importance to acquire and maintain as many placements as possible in Canadian universities, so that CFMS has a higher ground when it comes to contract negotiation during the August Meeting. Other tasks include establishing contracts with English-speaking countries and expanding the SCORE program, based on the student feedback. Further work is required for implementing a feedback collection system for the outgoing students and for better integrating a pre-departure training for outgoing students.

#### **Global Health Education**

Marguerite Heyns (UofC) and Kelita Singh (McGill)

#### Global Health Certificate Program Small Working Group

During the past 6 months the SWG on GH certificates have made some major strides through multiple meetings with student input from across the country:

- Agreed upon a structure for the GH certificate program that is modelled after the current pilot program at Wester University. It's rooted in four main components:
  - o Formal Education Component (composed of lectures focused on covering a set criteria of GHCCs, I'm hoping we can adapt this model to create the education

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- modules at the National level and use specific populations to frame the different competencies.)
- o Informal Learning component (this portion is made up of self-selected education opportunities offered by Western and the surrounding community in London that aren't formally set up by the program. Think talks outside of just the medical realm that pertain to or have an impact on health. I especially like this component because I think it fosters engagement in a greater conversation around GH, and encourages students develop their community engagement skills.)
- Service Learning Component/GH elective component (this portion requires students to either be engaged in service learning in their community or (for the national program,) to complete a GH elective, either here in Canada or international.)
- o CMA Advocacy Training
- Started the framework for the proposal of the program to the CFMS and the CFPC. This
  document will act as a reference piece for our vision for the certificate program and will
  allow us to form partnerships within the GH community who can help us establish
  curriculum.

#### **SCOME**

We have successfully reintegrated the VP Ed position into SCOME and are working together to increase our influence and involvement in the committee. Currently, Nebras and I are sitting on a task force within SCOME that is looking at increasing the capacity of LOMEs to advocate for curricular changes in their respective medical schools across the Americas. Our goal to provide insight from Canada, since we are well versed in Melded advocacy, while learning about some of the initiatives that have been successfully launched in other NMOs. I think it might even be helpful to consult some of the SCOME members who have created curriculum and programs to help inform the GH Certificate program from a logistics point of view. I am confident that the CFMS' relationship with SCOME will continue to grow, and I think it's appropriate for the NOGHE and the VP Ed to continue to work on this together.

#### **GH Ethics**

Currently students from Dalhousie University are writing a paper on the ethics of working with vulnerable populations in Canada. They are aiming to have this completed for AGM. At the moment they are still in the information gather stage. They'll also be presenting at SGM.

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## **Indigenous Health**

Ryan Giroux (UofT)

### Implementation of Indigenous Health Program

- Inaugural year of the Indigenous Health Program
- Ensured Local Officers of Indigenous Health (LOIHs) at every member school except Memorial University, with a total of 28 LOIHs nationwide
- Hosted two NOIH-LOIH teleconferences with good attendance
- Formation of Subcommittees: Education and Research

## Showcasing CFMS' Indigenous Health in Medical Education position paper

- Working with the Office of Indigenous Medical Education at the UofT for support
- Two upcoming poster presentations: CCME (April 2016) and the Indigenous Health Conference (UofT, May 2016)
- Currently working to publish results in peer-reviewed journal

## Creation of Education Advocacy Tools

- Collaborative effort from our education subcommittee
- Development of an "Education Advocacy Toolkit" that outlines best practices and a stepwise approach to enhancing Indigenous Health topics in medical curriculum
- Multiple student-developed OSCE stations and PBL scenarios for students to bring to faculty for incorporation

#### Development of Evaluative Research Tools

- Working with the LOIHs at the University of Alberta and the research subcommittee
- Creating an evaluative survey for student-run Indigenous Health longitudinal activities
- Goal is to implement next year, gather data, and publish effectiveness of these activities



#### Golden Gao

M.D. Candidate (2017), UBC Faculty of Medicine, Canada

Vice-President Global Health | Vice-Président santé mondiale

Canadian Federation of Medical Students | Fédération des étudiants et des étudiantes en médecine du Canada

President, Canada | Président, Canada

International Federation of Medical Students' Associations

778-686-4448 | vpglobalhealth@cfms.org | www.cfms.org | www.ifmsa.org