Avrilynn Ding & Felipe Fajardo, CFMS Ontario Regional Directors 2020 Annual General Meeting Virtual



DESCRIPTION

The Ontario Regional Directors of the CFMS represent medical schools and students of Ontario on the Board and are cross-appointed in the CFMS Dyad governance model. In practice, the Ontario Regional Directors serve as liaisons between the Board and the Ontario Medical Student Association, as well as medical society representatives and presidents of each medical school in Ontario: the University of Toronto, University of Ottawa, McMaster University, Queen's University, Western University, and Northern Ontario School of Medicine. Felipe Fajardo is cross-appointed with the Global Health portfolio. Avrilynn Ding is cross-appointed with the Education portfolio.

I. ACTIVITIES OF ONTARIO REGIONAL DIRECTORS

1. Nominations Committee

- a. Completed fall, winter, and spring nomination committee calls for Dyad portfolios.
- b. Submitted positions to the fall nomination committee for Dyad portfolios, applications opened September 7th.

2. Meeting with Ontario Schools

- a. All Ontario medical societies were interviewed and consulted over the course of the year. Each was given the opportunity to voice their concerns and barriers to engaging with the CFMS. Issues discussed with each school included student wellness, barriers to participating and engaging with the CFMS, and specific school priorities within the larger portfolios such as Global Health, Governmental Affairs and Advocacy, Communications, Education, and Student Affairs
- b. Attended meetings with the Ontario Med Soc Presidents to discuss COVID-19 issues. Received feedback to chair future Ontario Presidents Roundtables.

3. Ontario Medical Students Association (OMSA)

- a. Attended OMSA meetings representing CFMS, providing CFMS updates, national perspective on discussions, and liaising with the OMSA Executive Committee.
- b. Represented medical students with the OMSA VP Education at the Council of Ontario Faculties of Medicine (COFM) Undergraduate Education (UE) committee. This will be a new responsibility of the Ontario Regional Directors moving forwards.
- c. Ongoing collaboration with OMSA Education Committee members on a policy paper outlining best practices for preceptors to support the wellness of clinical clerks, aiming to present at 2021 SGM.
- d. Discussed common goals between OMSA and CFMS with OMSA President and President-Elect and methods to improve connection between similar portfolios.

4. Royal College Regional Advisory Committee (RAC) 3 Meeting

a. Represented Ontario medical students to the Royal College in Nov 2019 and May 2020. Discussed engagement with medical students by the Royal College and proposed the creation of a Medical Student Section to aid in the engagement and voice of medical students within the Royal College.

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b. Discussed ways the Royal College can support medical students, such as creating videos/podcasts to inform students about careers in niche direct-entry disciplines and mentorship opportunities.

6. Strategic Innovation Grant

- a. Assisted in the call for SIG for the year 2019-2020 SIG application rounds
- b. The applications closed on February 11th, and the successful applicants have been contacted

7. Travel Awards

- a. Scored applications for the 2020 Day of Action travel awards, selecting 2 winners from Ontario and nominating 1 applicant for the Wild Card.
- b. Scored applications for the 2020 SGM MD Financial Travel Award, selecting 2 winners from Ontario.

II. ACTIVITIES OF THE GLOBAL HEALTH ATTACHE - FELIPE FAJARDO

1. Global Health Roundtable (GHRT) Chair

- i. In prior years, there were three GHRT Meetings which did not allow for significant communication between the GHLs. We have increased the number of GHRTs to bi-monthly, with the hopes of making them monthly to improve communication and collaboration across the country
- ii. We updated the ToR for the GHRT to emphasize the importance of attendance, of frequent meetings, and of engagement of both GHL Jrs. and Srs.
- iii. Chaired five meetings allowing for students to discuss the different work occurring across the country
- iv. Created a Week of Education to complement the Day of Action and engage students nationwide of the DoA topic, this year being Universal Access to Contraception
- v. Will use the GHRT to receive information for the National Advocacy Project Database, in particular for global health-related projects
- vi. Created a GHL Description document to allow for greater clarity in the work and timeline of the GHLs and GHRT

2. IFMSA Regional Meeting Attendee

- i. In Curitiba, Brazil
- ii. Representatives of different national medical societies from across the Americas were represented to discuss various concerns from global health topics, to capacity building and advocacy

3. Indigenous Health Exploratory Working Group

- i. Have met to discuss a timeline for properly looking into how to best increase Indigenous Representation within the CFMS
- ii. Currently exploring different organizations and their practices in regards to how to best increase Indigenous Representation

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4. Indigenous Week of Action

- i. Have organized an Indigenous Week of Action, wherein we will assist in the organization of local students to discuss the AFMC Joint Commitment to Action on Indigenous Health and advocate for their implementation by schools
- ii. This Week of Action was postponed given the COVID Pandemic, although the planning is complete and it will be ready to launch

5. Restructuring of the GH Portfolio

- i. In discussion with the Director, we have come up with ways to restructure the Portfolio to help make the Portfolio more straightforward and centrally organized
 - NOP As Officer of Partnerships, this NO will be given greater responsibility in IFMSA relations. To achieve this, we have made the Attaché the official Chair for the GHRT, as well as removing the Communications responsibilities for the NOP and having communications be fully managed by the GH Communications Assistant
 - 2. GHRT Updated the ToR for more frequent meetings and updated responsibilities for the GHLs, as well as the creation of the GHL descriptor document
 - 3. Indigenous Health The Exploratory Working Group is assessing the best way to improve Indigenous Representation in the CFMS as well as Indigenous Health
 - 4. HEART For next year to look at how to improve communication/collaboration within the GH Portfolio
 - 5. EDI: Worked with the Director to create the Underrepresented in Medicine Committee to allow for space for representatives from other national organizations (such as BMSAC and others), to communicate directly with the CFMS and raise concerns/collaboration opportunities

6. Day of Action Database & Advocacy Projects

- i. Worked together with the IT Officer to create a Day of Action/Advocacy Project Database on the CFMS website to be released at AGM 2020
- ii. Will also distribute the Nation-Wide Advocacy Projects amongst GHRT to receive those advocacy projects as well

7. CFMS Anti-Racism Book Club

- i. Working with the National Officer of Indigenous Health/Incoming Director of GH, Yotakahron Jonathan, we choose 6 different books and helped create outlines for students
 - 1. Also collaborated with BMSAC
- ii. Had over 300 medical students across the country sign up, split up by medical school with leads at each medical school
- iii. Books were chosen based on student feedback, relevance to medicine/racism (and that intersection), and interest

8. COVID-19 Updates

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- i. The Indigenous Week of Action was delayed given the pandemic, however all of the resources are ready for an appropriate time
- ii. All IFMSA Exchanges up to August have been cancelled (incoming and outgoing). Students have been refunded.

9. Next Steps

- i. The Global Health Attaché will continue to work with the Director of Global Health to provide assistance in the Portfolio where it is most needed
 - 1. The role of the GH Attaché is not circumscribed which allows for room to assist in different areas within the portfolio as needed
 - 2. Act as the Chair of the Global Health Roundtable
 - 3. Assist in the Fall/Winter/Spring/Summer Nom Com
 - 4. Continue the work in the anti-racism book club
- ii. General Priorities for Global Health include:
 - 1. Explore Indigenous Representation at the CFMS
 - 2. Increase advocacy for Indigenous Health
 - 3. Increased CFMS collaboration with external organizations including IFMSA
 - 4. Increased GH collaboration with internal CFMS Portfolios
 - a. This is notable in our collaboration with GA in the Day of Education
 - b. Collaboration with Communications through our GH Communications Assistant
 - 5. Increase General Member Engagement with GH
 - 6. Improved organization and structuring of GH
 - 7. Improved work on EDI and collaboration with other portfolios

III. ACTIVITIES OF EDUCATION ATTACHE - AVRILYNN DING

1. Chair of Academic Roundtable (ART)

- a. Co-chaired with the National Officer of Education (NOE), Alex Cohen.
- b. ART occurs every 1st Sunday of the month.
- c. ART Google Drive Folder can be found <u>here</u>, which includes all minutes from meetings this year and surveys.
- d. This Roundtable provides a platform for VP Academics/Educations from CFMS member schools to communicate with one another and the CFMS. Member schools use this forum to survey other schools on topics to guide their advocacy efforts at their home schools. Additionally, the CFMS updates the schools on national education initiatives, changes, and gathers feedback from schools regarding the education portfolio.
- e. Some key discussion points included curriculum and assessments during COVID-19, career planning supports, CaRMS profiles for BPAS, wellness curriculum, virtual medicine, etc.

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f. Recruited VP Academics/Education to sit on the Strategic Innovation Fund (SIF) Task Force and Equity, Diversity, and Inclusivity (EDI) Task Force.

2. Education Committee

- a. Files leads of the 2019-2020 Education Committee:
 - i. Accreditation Nilasha Thayalan
 - ii. uCMG Lucas King & Nathan Baron
 - iii. CBME Daniel Lu & Irene Zivkovic
 - iv. Matchbook Chloe Lim & Adree Khondker
 - v. Policy Liaison Vivesh Patel & Takhliq Amir
 - vi. IPE Kathleen MacMillan & Gladys Bruyninx
 - vii. Tech & Innovation Vinyas Harish
- b. 2019-2020 Education Committee Ex Officio members:
 - i. Choosing Wisely Ethan Zhang
 - ii. CITAC Cory Lefebvre
- c. The main initiatives of file leads and Ex Officio members are as follows:
 - i. Accreditation gather feedback from members on ISA toolkit and process, created video explaining accreditation to students, represent CFMS on CACMS consultation group
 - ii. Unmatched Canadian Medical Graduates (uCMGs) recruit for Peer Mentorship Network and uCMG Task Force, update Unmatched Scenario section for Matchbook, draft discussion paper on the uCMG issue
 - iii. Competency Based Medical Education create first Transition to Residency Guide
 - iv. Matchbook update and publish Matchbook 2020
 - v. Policy Liaison review Education position papers from past 15 years and action items needing to be addressed, collaborate with NOHP to update Advocacy Tracker, assist with position papers generated within the portfolio
 - vi. Interprofessional Education update CFMS IPE position paper, partner with external organizations to develop IPE initiatives
 - vii. Tech & Innovation complete position paper on AI in undergraduate medical education
 - viii. Choosing Wisely connect with Choosing Wisely and outline initiatives/projects students can partake in
 - ix. CITAC develop relationship with CITAC, find opportunities for MD/PhD students
- d. Education Communications Liaison: Connect the Education portfolio with the Communications Team to promote contests, resources, and worked with the Director of Education and National Officer of Information Technology Sr to reformat the CFMS Education portfolio webpages
- e. Worked with the Director of Education to create the Education portfolio's 2020-2022 strategic plan

3. Research Committee

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- a. Collaborate with National Officers of Research (NORs) and Director of Education to advance the research direction and initiatives of the CFMS
- b. Research Committee:
 - i. NOR Sr. Lia Huo
 - ii. NOR Jr. Eagan Peters
 - iii. Research Committee Members David Li, Caleb Sypkes, Margaret Sun
- c. Initiatives undertaken:
 - i. Research Podcast Series
 - ii. Research Spotlights
 - iii. Publication of infographics on research methods for medical students
 - iv. Research scholarships for medical students database
 - v. Analysis of National Annual Survey data

4. Representation to External Organizations

- a. AFMC Electives Business Network
 - i. Advance steps to improve electives application process, AFMC portal interface, response times from schools, capacity reporting
- b. AFMC Response to Opioids Transition Advisory Committee
 - i. Feedback on the development and implementation of a nationwide curriculum for pain and substance use/addiction for medical students, residents, and physicians
- c. AFMC Student Questionnaire
 - i. Provide feedback for the creation of the pre-clerkship survey with input from Black Medical Students' Association of Canada (BMSAC)
 - ii. Protect student interests including confidentiality and survey length
- d. AFMC Resident Matching Subcommittee on Application and File Review
 - i. Develop recommendations on changes and considerations due to COVID-19 for the CaRMS application components/process and file review
 - ii. Consulted 2021 Representatives from membership schools on discussion points
- e. AFMC Entry Routes Harmonisation Task Force
 - i. Co-chaired by AFMC and the Royal College, represent medical student perspective in conversations to reduce the number of direct-entry R1 disciplines in Canada
- f. AFMC Virtual Clinical Medicine Education Task Force
 - i. Provide medical student input on producing a report with guidelines on educating/preparing future physicians to provide virtual care
- g. CaRMS Application Review Committee
 - i. Continue to advocate against mandatory MINCs on CaRMS applications
 - ii. Improve online platform for students

5. Other Projects

a. Match Response

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- i. Collaborate with the uCMG file leads and Student Affairs portfolio to compile supports and resources for unmatched students
- ii. Collaborate with Communications to update the CFMS website and promote supports to students
- b. National Annual Survey
 - i. Collaborate with Director of Education to create the inaugural National Annual Survey to survey the CFMS general membership
 - ii. Analyze data and create report of National Annual Survey data with Director of Education and Research Committee members
- c. Standardizing AFMC Portal institution profiles
 - i. Collaborate with NOE, AFMC Portal staff and electives coordinators to create a standardized template for school profiles and revise school profiles to ensure they follow the template when re-published on the Portal interface
- d. uCMG Think Tank
 - i. Co-chaired first uCMG Think Tank meeting with Director of Education, to be renamed as Task Force, to coordinate and track uCMG-related initiatives
- e. Work closely with President, President-Elect, and Director of Education to address advocacy issues arising such as MCCQE registration and delivery shortfalls, and AFMC portal fee increases

IV. SELECT MEETINGS ATTENDED

Date	Meeting	Location
Sept 27- Sept 28, 2019	Ontario Medical Students' Weekend	Avrilynn
Oct 9, 2019	TC with NOP for GHRT	Felipe
Oct 10, 2019	GH TC Meeting with NOs #1	Felipe
Oct 19, 2019	OMSA Meeting #3	Felipe
Oct 23, 2019	GHRT TC #1	Felipe
Oct 28, 2019	Workplan TC with NOE	Avrilynn
Nov 3, 2019	Education Committee On-board TC Meetings: Matchbook, Tech Innovation, CITAC	Avrilynn
Nov 3, 2019	ART TC #2	Avrilynn
Nov 4, 2019	Education Committee On-board TC Meeting: Choosing Wisely	Avrilynn
Nov 7, 2019	Education Committee On-board TC Meetings: Policy	Avrilynn



	Liaison, uCMG, CBME	
Nov 10, 2019	Education Committee On-board TC Meetings: IPE, Accreditation	Avrilynn
Nov 12, 2019	GH National Officer TC #2	Felipe
Nov 21, 2019	CFMS CaRMS Strategy TC with Victor Do and Rishi Sharma	Avrilynn
Nov 22, 2019	OMSA Meeting #4	Felipe
Nov 24, 2019	GAAC TC Meeting for DoA Database	Felipe
Nov 24, 2019	Regional Directors TC	Both
Nov 25, 2019	CFMS Discussion of MCC issues TC	Avrilynn
Nov 26, 2019	McMaster Med Soc Meeting #1	Felipe
Nov 26, 2019	GHRT TC #2	Felipe
Nov 28, 2019	RAC3 Meeting #1	Felipe
Nov 28, 2019	CaRMS Members' Annual Meeting	Avrilynn
Nov 30, 2019	NOSM Med Soc Meeting #1	Felipe
Dec 1, 2019	ART TC #3	Avrilynn
Dec 2, 2019	Ontario Medical Association Insurance TC	Both
Dec 4, 2019	Indiginous Health Exploratory WG TC #1	Felipe
Dec 11, 2019	Queen's Med Soc Meeting #1	Avrilynn
Dec 15, 2019	Education Committee TC	Avrilynn
Dec 20, 2019	Future of Admissions in Canada Think Tank (FACTT) TC	Avrilynn
Jan 5, 2020	OMSA Meeting #5	Avrilynn
Jan 6-10, 2020	IFMSA Americas' Regional Meeting	Felipe
Jan 9, 2020	Research Committee TC	Avrilynn



Jan 10, 2020	Match Communications with AFMC TC	Avrilynn
Jan 12, 2020	ART TC #4	Avrilynn
Jan 20, 2020	GHL TC #3	Felipe
Jan 21, 2020	UOttawa Med Soc Meeting #1 TC	Avrilynn
Feb 9, 2020	ART TC #5	Avrilynn
Feb 10, 2020	GHL TC #4	Felipe
Feb 12, 2020	GH National Officer TC #3	Felipe
Feb 21, 2020	AFMC Response to Opioid Crisis Transition Advisory Committee TC	Avrilynn
Feb 29, 2020	Indigineous Health Exploratory WG Chair TC	Felipe
Mar 3, 2020	Royal College TC - Indigenous Health Collaboration	Felipe
Mar 8, 2020	GHL TC #5	Felipe
Mar 8, 2020	ART TC #6	Avrilynn
Mar 17, 2020	TC with OMSA Chair and Education Committee	Avrilynn
Mar 19, 2020	Ontario Med Soc Presidents Meeting TC #1	Felipe
Mar 21, 2020	GH National Officer TC #4	Felipe
Mar 28, 2020	GH/IFMSA Restructuring Meeting	Felipe
Mar 29, 2020	Ontario Med Soc Presidents Meeting TC #2	Felipe
Mar 29, 2020	OMSA Meeting #7	Avrilynn
Apr 2, 2020	Meeting with OMSA Dir of Ed	Both
Apr 7, 2020	Call with BMSAC Ontario Regional Director	Both
Apr 11, 2020	Ontario Med Soc Presidents Meeting TC #3	Felipe
Apr 12, 2020	Indigenous Health Exploratory WG TC #2	Felipe
Apr 13, 2020	GHL TC #6	Felipe



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Apr 15, 2020	AFMC Electives Business Network meeting	Avrilynn
April 17, 2020	TC with AFMC Portal staff	Avrilynn
April 17, 2020	TC with OMSA Education Committee member	Avrilynn
April 17, 2020	Ontario Med Soc Presidents Meeting TC #4	Both
April 17, 2020	ART TC #7	Avrilynn
April 22, 2020	PRT discussion on virtual CaRMS interviews	Avrilynn
April 23, 2020	TC with OMSA on policy paper collaboration	Both
April 30, 2020	AFMC Electives Coordinators TC	Avrilynn
May 4, 2020	EDI Meeting	Felipe
May 8, 2020	AFMC Electives Business Network meeting	Avrilynn
May 14, 2020	TC with AFMC Portal staff	Avrilynn
May 17, 2020	ART TC #8	Avrilynn
May 20, 2020	COFM Undergraduate Education Committee TC	Avrilynn
May 20, 2020	GH NO Meeting	Felipe
May 22, 2020	GHRT #7	Felipe
May 25, 2020	TC with NO Information Technology	Avrilynn
May 28, 2020	RAC3 Meeting #2	Avrilynn
May 28, 2020	2021 Reps Consultation on R1 match	Avrilynn
May 29, 2020	TC with AFMC Portal staff	Avrilynn
June 2, 2020	Ontario Med Soc Presidents Meeting TC #5 with BMSAC	Avrilynn
June 2, 2020	CAME Representatives transition	Avrilynn
June 4, 2020	2020 Reps TC on MCC	Avrilynn
June 4, 2020	2021 Reps Consultation on electives	Avrilynn



June 14, 2020	ART TC #9	Avrilynn
June 17, 2020	2021 Reps Consultation	Avrilynn
June 30, 2020	AFMC Response to Opioid Crisis Transition Advisory Committee TC	Avrilynn
July 7, 2020	Meeting with OMSA President and President-Elect	Both
July 7, 2020	2021 Reps Consultation	Avrilynn
July 8, 2020	AFMC Resident Matching Subcommittee on Application and File Review	Avrilynn
July 9, 2020	2021 Reps Consultation	Avrilynn
July 11, 2020	OMSA Meeting	Felipe
July 12, 2020	ART TC #10	Avrilynn
July 14, 2020	2021 Reps Consultation	Avrilynn
July 15, 2020	AFMC Resident Matching Subcommittee on Application and File Review	Avrilynn
July 16, 2020	Call with BMSAC Ontario Regional Director	Avrilynn
July 22, 2020	AFMC Resident Matching Subcommittee on Application and File Review	Avrilynn
July 27, 2020	2021 Reps Consultation	Avrilynn
Aug 5, 2020	AFMC Resident Matching Subcommittee on Application and File Review	Avrilynn
Aug 5, 2020	2021 Reps Consultation	Avrilynn
Aug 7, 2020	AFMC Entry Routes Harmonisation Task Force	Avrilynn
Aug 9, 2020	ART TC #11	Avrilynn
Aug 12, 2020	AFMC Resident Matching Subcommittee on Application and File Review	Avrilynn

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Aug 12, 2020	AFMC Virtual Clinical Medicine Education Task Force	Avrilynn
Aug 17, 2020	TC with CACMS Rep Sr	Avrilynn
Aug 18, 2020	TC with Accreditation file lead	Avrilynn
Aug 27, 2020	GHRT # 8	Felipe
Sep 3, 2020	uCMG Think Tank TC	Avrilynn
Sep 13, 2020	OMSA Meeting	Felipe

V. REFLECTIONS AND CONCLUSIONS

It has been a true pleasure and honour to serve as your Ontario Regional Directors over the past year. The Ontario Regional Director role is one that continues to be shaped by those who take on the position. In recognition that all of CFMS's membership schools in Ontario are also members of the Ontario Medical Students Association (OMSA), we chose to focus our efforts on strengthening the relationship between CFMS and OMSA through joint endeavours and sharing resources. Thank you to the OMSA Executive for sharing our vision and making these successes possible. We look forward to seeing our organizations continue to grow together while effectively serving all our membership students. To the newly elected Ontario Regional Directors at this general meeting: We pass on the torch to you and encourage you to seek ways to connect directly with Ontario Medical Societies and students!

On a more personal note, our time on the CFMS Board was a defining experience in our medical school journeys. We will forever cherish the friendships we made, lessons learned, and all the highs and lows. It is impossible to thank everyone who we want to thank but it would be an unforgivable omission not to recognize our President, Victor, who always watches out for the wellness of our Board despite being pulled in a million directions, and the portfolio Directors who we had the joy of working alongside, Rishi in Education and Achieng in Global Health. Rosemary and Stephanie, thank you for all your emails full of warmth and kindness, even when you are sending us the hundredth reminder about a task. Lastly but certainly not least, thank you to all of you, our general membership, for trusting us to represent you.

As a final-year medical student and resident, we continue to be inspired by the student leaders who we meet, and are excited to see the CFMS's growth in the upcoming year. Cheers to the next chapter!

Sincerely,

Avrilynn Ding & Felipe Fajardo, CFMS Ontario Regional Directors 2020 Annual General Meeting Virtual



Avrilynn Ding & Felipe Fajardo

Medical Student | Queens University & PGY-1 Pediatrics | McMaster University
Ontario Regional Directors | Directrice Régionale/Directeur Régional de l'Ontario
Canadian Federation of Medical Students | Fédération des étudiants et des étudiantes en médecine du
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