

1. Description and Introduction:

The Canadian Federation of Medical Students (CFMS) is the representative voice of Canadian medical students to the national medical organizations, to the federal government, to the public, and to other external bodies. The CFMS represents over 8000 medical students at 15 Canadian medical schools from coast to coast. It is the mission of CFMS to represent, support, and connect its members. CFMS aims to communicate within its membership, as well as from its membership, to the world at large. As an ever-expanding organization, CFMS continually strives to meet the consistent and changing needs of Canadian medical students.

Brief Description

The CFMS Global Health Director is responsible for representing the global health interests of the CFMS member schools and the CFMS. Global Health within the CFMS is made up of six different portfolios:

- Indigenous health
- Exchanges
- Human rights and peace
- Reproductive and sexual health
- Global health education
- Partnerships
- The Health and Environmental Adaptive Response Task Force (HEART)

There is a National Officer that oversees the top six portfolios, with two National Officers overseeing exchanges (incoming and outgoing); as well, there are Local Officers for each portfolio at each member school. HEART is overseen by a Task Force Chair. The Director of Global Health oversees the Global Health Portfolio including the National Officers, Roundtables, and Task Forces. As well, the Director of Global Health represents the CFMS to the International Federation of Medical Students' Associations (IFMSA) and is the National Member Organization President for Canada within the IFMSA.

2. Selected Meetings Attended

Date	Meeting	Location
Sept 19th-22nd, 2019	AGM	St John's NFL
Sept 28th, 2019	Intro to CFMS Board and Dyad	Teleconference
	pairing	
October 2nd, 2019	Check in with past Director of	Teleconference
	Global Health	
October 6th, 2019	Intro meeting with Dyad	Teleconference



October 17th, 2019 Pulse check in with Victor October 20th, 2019 CFMS Board Teleconference October 20th, 2019 Check in with Dyad October 25th, 2019 CfMS Fall Board Meeting October 25th, 2019 CFMS Fall Board Meeting October 27th, 2019 Meeting with IFMSA Quebec #1 November 2nd, 2019 Meeting with IFMSA Quebec #1 November 3rd, 2019 Global Health Communications meeting November 12th, 2019 National Officer meeting #2 November 12th, 2019 National Officer meeting #2 November 24th, 2019 CFMS Board Teleconference #2 Teleconference November 26th, 2019 GHL Roundtable #2 Teleconference	October 10th, 2019	National Officer meeting #1	Teleconference
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December 8th, 2019 HEART meeting Teleconference	December 8th, 2019		Teleconference
December 13th, 2019 IFMSA Regional Meeting Teleconference			
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meeting	Í		
January 4-5 CFMS Winter Board Meeting Toronto	January 4-5		Toronto
February 10th, 2020 GHL Roundtable # 4 Teleconference			Teleconference



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IFMSA March AGM Delegation Meeting #1	Teleconference
<u> </u>	Teleconference
Check in with National	Teleconference
Exchange Officers	
Check in with National Officer	Teleconference
of Global Health Education	
Check in with National Officer	Teleconference
of Partnerships	
CFMS Board Teleconference #4	Teleconference
Check in with National Officer	Teleconference
of Human Rights and Peace	
Check in with National Officer	Teleconference
of Indigenous Health	
Meeting with IFMSA Quebec	Teleconference
#3	
National Day of Action	Ottawa, ON
meetings	
National Day of Action	Ottawa, ON
Meeting with Dr. Marcia	Winnipeg, MB
Anderson re: Indigenous Week	
	Teleconference
Meeting #2	
	Teleconference
Exploratory Working Group –	
	Teleconference
	Teleconference
	Teleconference
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IoWA Meeting – MB	Winnipeg, MB
	Teleconference
IoWA Meeting – Toronto	Teleconference
IoWA Meeting – Alberta	Teleconference
IoWA Meeting - McMaster	Teleconference
IoWA Meeting – BC	Teleconference
IoWA Meeting – Western	Teleconference
	IFMSA March AGM Delegation Meeting #1 National Officer Meeting #3 Check in with National Exchange Officers Check in with National Officer of Global Health Education Check in with National Officer of Partnerships CFMS Board Teleconference #4 Check in with National Officer of Human Rights and Peace Check in with National Officer of Indigenous Health Meeting with IFMSA Quebec #3 National Day of Action meetings National Day of Action Meeting with Dr. Marcia Anderson re: Indigenous Week of Advocacy (IoWA) IFMSA March AGM Delegation Meeting #2 Indigenous Representation Exploratory Working Group — Chair meeting Presidents Round Table — re: Indigenous Week of Advocacy Meeting with the Royal College re: Indigenous representation IoWA Meeting — Sask GHL Roundtable #5 IoWA Meeting — MB IoWA Meeting — Calgary IoWA Meeting — Toronto IoWA Meeting — Alberta IoWA Meeting — McMaster IoWA Meeting — BC



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June $8th - 12th$, 2020	National Officer Interviews	Zoom
June 14th, 2020	CFMS Board Meeting	Zoom
June 30th, 2020	EDI Task Force Meeting	Zoom
July 8th, 2020	EDI Position Paper Sub-	Zoom
	committee Meeting	
July 19th, 2020	CFMS Board Meeting	Zoom
July 26th, 2020	EDI Roundtable committee	Zoom
	meeting	
August 13th, 2020	National Officer Meeting	Google Meets
August 29th, 2020	EDI Task Force Meeting	Google Meets
August 30th, 2020	CFMS Board Meeting	Zoom
September 3rd, 2020	EDI Position Paper Sub-	Google Meets
	committee Meeting	
September 18th-20th, 2020	CFMS AGM	Zoom

3. Priorities and Project Areas Throughout 2019-2020

a. Increased Collaboration

This year the Global Health National Officers will be collaborated on a national global health initiative. The goal of this project was to strengthen the portfolio by properly utilizing the human resources within the portfolio to increase effectiveness. As well, the portfolio will also be working with other portfolios within the CFMS and has begun collaboration with the IFMSA Quebec.

b. Increase General Member Engagement

The Global Health Local Officers do many grassroots initiatives that resonate with the General members. As well, many General Members are involved with the CFMS through global health. We therefore hoped to increase engagement by highlighting global health initiatives via the CFMS website. We will also ensured that General Members were aware of global health opportunities by collapsing the Global Health Newsletter into the CFMS Communique.

c. Enhance the Efficiency and Effectiveness of the Portfolio

We did this by updating the Terms of Reference for the Global Health Liaison Roundtable within the Global Health portfolio in a way that outlines clear responsibilities for the Roundtable members. By doing so we will be able to streamline the work done within the portfolio.

d. Improve IFMSA Exchanges

i. We undertook an overview of the International Exchanges done by the CFMS through the IFMSA. We hope to improve feedback and engagement with these exchanges by having a deeper understanding of the circumstances that take place when students go on an exchange. We also plan on having discussions on this issue with other National Member Organizations within the IFMSA. As well, with COVID-19 leading to cancelled exchanges, we had meetings to discuss plans to



provide Global Health experiences outside of exchanges to Canadian medical students.

ii. We will update the Exchange Cancellation Policy with the goal of clearly outlining situations in which refunds are able to be given to students and situations in which exchanges need to be cancelled (eg, such as with COVID-19).

e. Clearly Outline the Role of the CFMS within the IFMSA

- i. We sought out to increase engagement of CFMS General Members with the IFMSA by ensuring that various IFMSA opportunities are communicated via the Global Health portion of the CFMS Communique.
- **ii.** We increased collaboration and communications with IFMSA Quebec and the wider IFMSA.

f. Positively Impact Indigenous Health within Medical School

We undertook initiatives that are based on the AFMC Joint Commitment to Action on Indigenous Health including the 'CFMS Indigenous Week of Advocacy'. As well, we initiated an Indigenous Representation Exploratory Working Group, the task of which will be to enhance Indigenous representation within the CFNS and within the CFMS member schools.

4. Future Plans and Action Items

COVID-19 Implications to CFMS Global Health:

Due to the spread of COVID-19 and the travel advisories that have been put into place, IFMSA International exchanges (both incoming and outgoing) will not be taking place this year. We have given refunds to all students who were scheduled to take part in an exchange. As a consequence, the Global Health portfolio and the CFMS have had a small financial impact; however, the health and safety of Canadian medical students during this time is a higher priority than any financial implications that have occurred due to the loss of exchanges. We will continue to closely monitor the COVID-19 policies and ensure that students are made aware as soon as exchanges are deemed safe. We appreciate the patience and understanding of the many students who have had to cancel their summer plans.

Increased diversity within medicine:

The CFMS Indigenous Week of Advocacy (IoWA) has been postponed due to COVID-19. However, we are grateful for the large amount of engagement that medical students across Canada had with this initiative. We are continuously monitoring the COVID-19 situation for the best time to launch IoWA, and we are hopeful that we will get even more engagement with the initiative. As well, we will continue to work on finding ways to increase Indigenous representation within the CFMS and within Canadian medical schools.

5. Reflections and Conclusions

The Global Health Portfolio within the CFMS is a vast portfolio that spans many areas. The aspect that I appreciate the most about the portfolio is not only the reach it has to students across



Canada, but also its potential for collaboration with other CFMS portfolios and external organizations. I have appreciated working with the Global Health National Officers, other portfolios within the CFMS, and with external organizations such as IFMSA Quebec. I hope that the work done by the Global Health Portfolio this year will resonate with medical students across Canada, increase CFMS member engagement, and will help enhance diversity within the CFMS and Canadian medical schools.

This year the Global Health Portfolio expanded to include work on Equity, Diversity and Inclusivity in medicine. We initiated projects regarding anti-racism, and plans are ongoing to continue in this work. As I step away from the portfolio and my time with the CFMS comes to end, I leave excited to see the amazing work that the incoming National Officers and CFMS Board will accomplish this year.

Sincerely,

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