I. ACTIVITIES OF NATIONAL OFFICER OF RESEARCH JR.

During the 2018-2019 term, responsibilities of the NOR JR. included:

1. Helping the National Officer of Research Sr. with:
   a. Managing all CFMS Research Committee documentation including, but not limited to, agendas, minutes, and shared document folders.
   b. Developing individual profiles and collaborative projects with the rest of the Research Committee

2. Medical Education Database
   a. Created a Medical Education Research Survey that allows students conducting medical education research across Canada to connect with each other, brainstorm new topics, collaborate on projects and get inspiration from each other
   b. Consulted with the Director of Education to refine questions

3. Research Highlights
   a. Helped the NOR Sr. with overseeing the Research Highlights updates, where medical students across Canada were interviewed about their research. Inspired by the HONY (Humans of New York) format

4. Research Resources for CFMS Members
   a. Helped brainstorm and create individual infographic ideas for Research Committee Members:
      i. Professional organizations for medical students – Raechelle Gibson
      ii. List of funding/scholarship opportunities for medical students – Jenny Ma
      iii. Template for a research poster – Emily Mardian
      iv. How to approach literature search systematically – Lia Huo

II. MEETINGS ATTENDED

<table>
<thead>
<tr>
<th>Date</th>
<th>Meeting</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>December 13, 2018</td>
<td>CFMS Orientation Teleconference</td>
<td>Teleconference</td>
</tr>
<tr>
<td>Jan 12, 2019</td>
<td>CFMS Research Team with NOR Jr, NOR Sr, Rishi, (Ontario Regional Director) Maylynn (Director of Education)</td>
<td>Teleconference</td>
</tr>
<tr>
<td>Jan 30, 2019</td>
<td>First meeting as the full Research Committee</td>
<td>Teleconference</td>
</tr>
</tbody>
</table>
EXECUTIVE REPORT
Lia Huo, National Officer of Research Jr.
2019 Annual General Meeting
Sept. 20-23, 2019, St. John’s, NF

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>April 12-13, 2019</td>
<td>Spring General Meeting</td>
<td>Niagara Falls</td>
</tr>
<tr>
<td>April 24, 2019</td>
<td>Project check-ins &amp; updates</td>
<td>Teleconference</td>
</tr>
<tr>
<td>July 2, 2019</td>
<td>Final meeting</td>
<td>Teleconference</td>
</tr>
</tbody>
</table>

III. CONCLUSIONS

Overall, the NOR Jr. position was a great opportunity to learn the ropes of being a National Officer and a wonderful introductory role to CFMS. The role provided another avenue to advocate for medical students wishing to do research, which is close to my heart. At first I didn’t think this would happen in the shape of creating a Medical Research Education Database but this ended up being what the student body desired, and hence became quite rewarding for me. It is so important as NOR Jr. – and the team as a whole – to adapt to the needs of the students of that year.

Lia Huo, BSc
MD Candidate - Class of 2022
University of Toronto
National Research Officer Junior
Canadian Federation of Medical Students
T: 514-589-7155 | E: lia.huo@utoronto.ca