Odell Tan & Victor Do, CFMS Western Regional Representatives 2018 Annual General Meeting September 21st – 23rd, 2018, Montreal, Quebec



I. DESCRIPTION OF POSITION

According to the CFMS Bylaws, the Western Regional Representatives of the CFMS:

The Regional Directors in addition to representing their respective regions on the Board shall be cross-appointed in the Federation's Dyad governance model.

In practice, the Western Regional Representatives serve as liaisons between the Board and the medical society representatives and presidents of all medical schools in Western Canada, including the University of British Columbia, University of Calgary, University of Alberta, University of Saskatchewan, and University of Manitoba. They also served as the 2017-2018 Student Initiative Grant (SIG) Program Co-coordinators. Odell Tan was attaché to the Finance portfolio and Victor Do was attaché to the Student Affairs portfolio.

II. MEETINGS ATTENDED

| Date | Meeting | Location | Who |
|-----------|---|----------------|------------|
| 09.24.17 | Executive Handover Meeting at AGM 2017 | Ottawa, ON | Both |
| 09.27.17 | Western Deans Pre-Meeting: U of C | Teleconference | Both |
| 09.29.17 | Onboard Call with Henry | Teleconference | Odell |
| 10.01.17 | Onboard Call with Henry | Teleconference | Victor |
| 10.01.17 | Western Deans Pre-Meeting: U of M | Teleconference | Both |
| 10.01.17 | Western Deans Pre-Meeting: UBC | Teleconference | Both |
| 10.01.17 | Western Deans Pre-Meeting: U of A | Edmonton, AB | Victor |
| 10.03.17 | Western Deans Pre-Meeting: U of S | Regina, SK | Odell |
| 10.04.17 | Western Deans Review & Western Region Meeting | Teleconference | Both |
| Oct 12-13 | Western Medical Schools Conference (Western | Calgary, AB | Victor |
| | Deans) | | |
| Oct 13-15 | CFMS Fall Board Meeting | Ottawa, ON | 13-Odell |
| | | | 14/15-Both |
| 11.01.17 | PRT (Chair) | Teleconference | Odell |
| 11.05.17 | Wellness Committee | Teleconference | Victor |
| 11.19.17 | CFMS Board Meeting | Teleconference | Both |
| 11.19.17 | CFMS Board Meeting w/ Dr. Moineau and ARMC | Teleconference | Both |
| 11.27.17 | PRT (Chair) | Teleconference | Odell |
| 12.06.17 | Meeting with Joule, Re: Innovation Grants | Teleconference | Victor |
| 12.07.17 | AGM2018 Adjudication Committee | Teleconference | Both |
| 12.09.17 | CFMS Finance, Audit, and Human Resources | Teleconference | Odell |
| | Committee Meeting (Member) | | |
| 12.10.17 | SIGs and SIFs Meeting | Teleconference | Both |
| 12.10.17 | CFMS Board Meeting | Teleconference | Victor |
| 01.09.18 | Longitudinal Wellness Committee | Teleconference | Victor |
| 01.03.18 | Catch-up Meeting with Western Regional Reps | Teleconference | Both |
| 01.03.18 | Catch-up Meeting with U of M | Teleconference | Both |

Odell Tan & Victor Do, CFMS Western Regional Representatives 2018 Annual General Meeting September $21^{st} - 23^{rd}$, 2018, Montreal, Quebec



| 01.03.18 | Catch-up Meeting with U of C | Teleconference | Both |
|-----------|----------------------------------|---------------------------------------|--------|
| 01.04.18 | Catch-up Meeting with U of A | Edmonton, AB | Victor |
| 01.04.18 | Presidents' Tour at the U of A | Edmonton, AB | Victor |
| 01.04.18 | Catch-up Meeting with U of S | Saskatoon, SK | Odell |
| Jan 5-7 | CFMS Winter Board Meeting | Calgary, AB | Both |
| 02.04.18 | CFMS Board Meeting | Teleconference | Both |
| 02.04.18 | Health and Wellness Roundtable | Teleconference | Victor |
| 02.05.18 | PRT (Chair) | Teleconference | Odell |
| 02.05.18 | Longitudinal Wellness Initiative | Teleconference | Victor |
| 02.11.18 | Governance Committee (Member) | Teleconference | Odell |
| 03.04.18 | Health and Wellness Roundtable | Teleconference | Victor |
| 03.07.18 | RDoBC Meeting | Teleconference | Odell |
| 03.07.18 | Longitudinal Wellness Initiative | Teleconference | Victor |
| 03.08.18 | BC Ministry of Health Meeting | Teleconference | Odell |
| 03.08.18 | PRT (Chair) | Teleconference | Odell |
| 03.08.18 | Midterm Check-in with Henry | Teleconference | Odell |
| 03.11.18 | CFMS Board Meeting | Teleconference | Odell |
| 03.12.18 | Western Regional Meeting | Teleconference | Both |
| 03.12.18 | SIGs Round 1 Scoring Meeting | Teleconference | Both |
| 03.20.18 | UBC uCMG Strategy Meeting | Teleconference | Odell |
| 03.24.18 | SIGs Round 2 Scoring Meeting | Teleconference | Odell |
| 03.24.18 | SIFs Funding Meeting | Teleconference | Both |
| 03.24.18 | Midterm Check-in with Henry | Teleconference | Victor |
| 03.26.18 | CFMS RRT (Chair) | Teleconference | Odell |
| 03.27.18 | Western Reps Meeting with Henry | Teleconference | Both |
| 03.27.18 | Post-SIFs Meeting #1 | Teleconference | Both |
| 03.28.18 | PRT (Chair) | Teleconference | Odell |
| 03.29.18 | Post-SIGs Meeting #1 | Teleconference | Both |
| 03.29.18 | Post-SIGs Meeting #2 | Teleconference | Both |
| 03.31.18 | Post-SIFs Meeting #2 | Teleconference | Both |
| 03.31.18 | CFMS CCME Strategy Meeting | Teleconference | Victor |
| 04.04.18 | Longitudinal Wellness Initiative | Teleconference | Victor |
| 04.07.18 | Post-SIFs Meeting #3 | Teleconference | Both |
| 04.08.18 | CFMS Board Meeting | Teleconference | Both |
| 04.08.18 | Health and Wellness Roundtable | Teleconference | Victor |
| 04.08.18 | SGM Planning Meeting | Teleconference | Victor |
| 04.11.18 | Governance Committee (Member) | Teleconference | Odell |
| 04.18.18 | CFMS Board Meeting | Teleconference | Both |
| 04.23.18 | Presidents' Tour at the U of S | Saskatoon, SK | Odell |
| 04.26.18 | CFMS Board Meeting at SGM 2018 | Halifax, NS | Both |
| Apr 26-27 | PRT at SGM 2018 (Chair) | Halifax, NS | Odell |
| Apr 27-28 | CFMS Spring General Meeting 2018 | Halifax, NS | Both |
| | | · · · · · · · · · · · · · · · · · · · | |

Odell Tan & Victor Do, CFMS Western Regional Representatives 2018 Annual General Meeting September 21st – 23rd, 2018, Montreal, Quebec



| 04.29.18 | Medical Council of Canada Lunch | Halifax, NS | Both |
|-----------|--|----------------|--------|
| 05.01.18 | Student Mistreatment Team | Teleconference | Victor |
| 05.06.18 | Health and Wellness Roundtable | Teleconference | Victor |
| 05.18.18 | Wellness Survey Meeting | Teleconference | Victor |
| 05.20.18 | CFMS Board Meeting | Teleconference | Victor |
| 05.23.18 | Longitudinal Wellness Initiative | Teleconference | Victor |
| 05.30.18 | Student Mistreatment Co-Leads Call | Teleconference | Victor |
| June 1-3 | CFMS Summer Board Meeting | Toronto, ON | Both |
| 06.07.18 | Wellness Survey Meeting | Teleconference | Victor |
| 06.10.18 | Health and Wellness Roundtable | Teleconference | Victor |
| 06.12.18 | PRT (Chair) | Teleconference | Odell |
| 07.08.18 | CFMS Board Meeting | Teleconference | Victor |
| 07.16.18 | Wellness Survey Meeting | Teleconference | Victor |
| 07.24.18 | Governance Committee (Member) | Teleconference | Odell |
| 08.12.18 | CFMS Board Meeting | Teleconference | Both |
| 08.13.18 | Student Mistreatment Team | Teleconference | Victor |
| 08.22.18 | Western Regional Meeting | Teleconference | Both |
| 08.23.18 | PRT (Chair) | Teleconference | Odell |
| 09.01.18 | Governance Discussion with Henry | Teleconference | Odell |
| 09.05.18 | RRT on behalf of Governance Committee | Teleconference | Odell |
| 09.07.18 | CFMS Board Meeting | Teleconference | Both |
| 09.09.18 | Health and Wellness Roundtable | Teleconference | Victor |
| 09.13.18 | Student Mistreatment File Call | Teleconference | Victor |
| 09.13.18 | Governance Committee (Member) | Teleconference | Odell |
| 09.20.18 | CFMS Board Meeting at AGM 2018 | Montreal, QC | Victor |
| Sep 20-21 | PRT at AGM 2018 (Chair) | Montreal, QC | Odell |
| Sep 21-23 | CFMS Annual General Meeting 2018 | Montreal, QC | Both |
| 09.23.18 | Executive Handover Meeting at AGM 2018 | Montreal, QC | Both |

III. PRIORITIES AND PROJECT AREAS

Western Regional Relations

- Co-chaired a total of 4 Western Region teleconferences and led a regional marketplace at the 2018 CFMS SGM and 2018 CFMS AGM
- Continuing to support the various medical societies in their advocacy efforts
- Lobbied to have increased student engagement at the 2018 Western Medical Schools Conference
 - The 2018 host UGME supports the participation of the Presidents, VP Academics, and Wellness Representatives from each of the region's schools at the various meetings at the conference
 - Previously, only Presidents attended to give a presentation
 - An application for a CFMS Strategic Initiative Fund grant was submitted in September 2018 in pursuit of this project

Odell Tan & Victor Do, CFMS Western Regional Representatives 2018 Annual General Meeting September $21^{st} - 23^{rd}$, 2018, Montreal, Quebec



Student Initiative Grants (SIGs)

- Coordinators of the CFMS Student Initiatives Grants Program
- Completed a comprehensive review of the Program to update all documentation relating to the CFMS SIGs Program. This will help to:
 - Streamline future iterations of the application process for SIGs
 - Ensure better accountability
 - o Facilitate easier handover on a year-to-year basis
 - Make the process easier for SIGs coordinators, CFMS staff, applicants, and grant winners by providing clearer instructions
- Completed a review of all past CFMS SIGs Winners to bring reimbursement timelines inline with auditors' requests

Odell:

Finance Portfolio Attaché

- CFMS Governance Committee Regional Director Representative
 - Authored the Terms of Reference for the Presidents' Roundtable (PRT) and the CFMS Representatives Roundtable (RRT)
 - These shall serve as templates for Terms of Reference of other roundtables
 - Co-authored the CFMS Delegation of Authority Policy
 - o Co-authored the Board Handover Document Template
 - Assisted in the comprehensive review and update of the CFMS By-laws for the 2018 SGM and 2018 AGM
 - Clarified language throughout the document
 - Ensured consistent terminology and formatting throughout the document
 - Adapted the language to be gender-neutral

These By-laws should now be long-lasting with no changes needed in the near future, pending approval by Corporations Canada

- Presidents' Roundtable Chair
 - Chaired a total of 7 PRT teleconferences and 2 in-person meetings at the 2018 CFMS SGM and 2018 CFMS AGM
 - o Facilitated communication from the Board to PRT and their member constituents
- CFMS Finance, Audit, and Human Resources Committee Member
- SIFs Committee Member

Victor:

Student Affairs Portfolio Attaché

- National Wellness Program Lead
 - Oversaw development and implementation of the National Wellness Program which includes, among other threads, the Longitudinal Wellness Initiative and Student Wellness Spotlights.
 - o Wellness Portfolio Communications Coordinator
 - Longitudinal Wellness Initiative Board Lead
 - Student Mistreatment Committee Board Lead

Odell Tan & Victor Do, CFMS Western Regional Representatives 2018 Annual General Meeting September 21st – 23rd, 2018, Montreal, Quebec



- Students with Disabilities Portfolio Board Lead
- Co-leading the overall design of a CFMS wellness strategy that encompasses the advocacy, awareness building, programming as resiliency/personal development aspects of our work
- Began the process of collaboration with the Resident Doctors of Canada (RDoC) and the Canadian Medical Association (CMA) on wellness-related initiatives
- Supported CFMS work on the Wellness Survey
- Assisting in administration of the CFMS MD-Financial Leadership awards
- SIFs Committee Member

IV. REFLECTIONS AND CONCLUSIONS

It has been an honor to represent the CFMS membership over the past year. We thank the CFMS General Assembly for the privilege of serving the organization as the 2017-2018 Western Regional Representatives. We further thank the Western Region for being a great team to work with throughout the year. We welcome questions or feedback regarding our roles as Western Regional Representatives, CFMS Student Initiative Grants Program Coordinators, Strategic Initiative Fund Committee Members, or attachés to the Finance and Student Affairs Portfolios.

Sincerely,

Odell Tan & Victor Do

MD Candidates, University of Saskatchewan (2020) & University of Alberta (2020)

Western Regional Representatives | Représentants Régional de l'Ouest

Canadian Federation of Medical Students | Fédération des étudiants et des étudiantes en médecine du Canada

306-999-1994 & 587-588-5075 | western@cfms.org | www.cfms.org