

# EXECUTIVE REPORT

Lucy Luo, Quebec Regional Representative 2016-2017  
 Annual General Meeting Report  
 September 22<sup>nd</sup> – 24<sup>th</sup> 2017, Ottawa, Ontario



## I. DESCRIPTION OF POSITION

The regional representatives serve as a voice for their region on the CFMS executive committee. The Quebec Regional Representative is in a unique position given that only one of the four medical schools in Quebec, namely McGill University, is an institutional member of the CFMS; all four schools are members of the *Fédération médicale étudiante du Québec (FMEQ)*. As such, the role of the Quebec representative is both to represent McGill students at the CFMS, and to act as chief liaison between the CFMS and the FMEQ. In addition to these functions, all regional representatives are called upon to manage national portfolios, for instance the Bilingualism Committee and the Travel Awards program.

## II. MEETINGS ATTENDED

Date	Meeting	Location
Nov 4 <sup>th</sup> -6 <sup>th</sup> , 2016	CFMS Fall Executive Meeting	Ottawa, ON
Nov 19 <sup>th</sup> , 2016	FMEQ Meeting	Montreal, QC
Dec 15 <sup>th</sup> , 2016	IFMSA-AM organizing committee chair	Teleconference
Jan 6 <sup>th</sup> -8 <sup>th</sup> , 2017	CFMS Winter Executive Meeting	Toronto, ON
Jan 10 <sup>th</sup> , 2017	Planning for FMEQ lobby day	Teleconference
Jan 12 <sup>th</sup> , 2017	CFMS/FMEQ Wellness teleconference	Teleconference
Jan 19 <sup>th</sup> , 2017	Launch of research chair in leadership and health science education	Quebec City, QC
Jan 28, 2017	FMEQ Meeting	Sherbrooke, QC
Feb 6 <sup>th</sup> , 2017	Planning for FMEQ lobby day	Teleconference
Feb 25 <sup>th</sup> , 2017	CFMS Executive Teleconference	Teleconference
Feb 27 <sup>th</sup> , 2017	Planning for FMEQ lobby day	Teleconference
Mar 12 <sup>th</sup> , 2017	FMEQ meeting	Montreal, QC
Mar 24 <sup>th</sup> , 2017	CFMS Strategic Initiatives Fund	Teleconference
Mar 28 <sup>th</sup> , 2017	CFMS Strategic Operations Plan	Teleconference
Apr 3 <sup>rd</sup> -4 <sup>th</sup> , 2017	Journée d'Action Politique (FMEQ lobby day)	Quebec City, QC
Apr 22 <sup>nd</sup> -23 <sup>rd</sup> , 2017	FMEQ congress	Trois-Rivière, QC
Apr 27 <sup>th</sup> -29 <sup>th</sup> , 2017	CFMS SGM	Winnipeg, MA
May 10 <sup>th</sup> , 2017	President-Elect + CFMS Executive TC	Teleconference
May 26 <sup>th</sup> , 2017	Canadian Academy of Sport & Exercise Medicine (CASEM) meeting	Ottawa, ON
Jun 7 <sup>th</sup> , 2017	CFMS Executive Teleconference	Teleconference
Jun 11 <sup>th</sup> , 2017	FMEQ Meeting	Montreal, QC
Aug 20 <sup>th</sup> -23 <sup>rd</sup> , 2017	CMA General Council Meeting	Quebec City, QC
Sept 21 <sup>st</sup> -24 <sup>th</sup> , 2017	CFMS AGM	Ottawa, ON

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## III. PRIORITIES AND PROJECT AREAS

### Liaison with FMEQ

One of my main responsibilities as the Québec regional representative is to facilitate collaboration between the CFMS and FMEQ as both organizations share similar missions of serving to the best interests of medical students.

Throughout the year, I attended several FMEQ meetings which gathered delegates from FMEQ's four medical societies (UdeM, UdeS, UdeL and McGill). During these executive meetings, I was able to update the FMEQ on relevant CFMS projects and also discuss potential areas for partnership between both organizations. These included the sharing of member benefits for individual members, collaboration for the national wide Wellness month and promotion of bilingualism within the medical student community.

As in years prior, 2 delegates from the FMEQ executive attended this year's CFMS National Lobby Day tackling the issue of the opioid crisis. Reciprocally, 2 CFMS executive members attended the Provincial Lobby Day (*la Journée d'action politique*) hosted by the FMEQ, during which taxation of sugary drinks and better distribution of medical staffs were discussed with legislators. The FMEQ has had some great success in their advocacy efforts this year as the provincial government agreed to reduce the number of medical school admissions in upcoming years as to balance the number of admissions with resident positions and job opportunities.

It is worth highlighting that the global health branch of FMEQ, IFMSA Quebec, was selected to host the 64<sup>th</sup> IFMSA General Assembly August Meeting in 2018. Over one thousand medical students from more than one hundred countries will be invited to attend this week-long conference focused on the theme Healthcare Beyond the Hospital. The CFMS will be supporting IFMSA Quebec in organizing this first ever IFMSA carbon neutral event.

### Promotion of bilingualism

In order to continue CFMS' efforts to connect and support Francophone medical students across Canada, the Bilingualism Task Force became a permanent group under the new name of "Bilingualism Committee" during AGM 2016. Building on Emily Hodgson's (last year QRR) team-based model, a new cohort of translators has been recruited and trained to be part of the Bilingualism Committee. In addition to translating the constant volume of social media posts (Facebook and Twitter) put out by the CFMS, the Bilingualism Committee has been involved in the translation of MDFM leadership award guidelines, National Lobby day documents and CFMS website content.

In an effort to make the CFMS website fully bilingual, the Bilingualism Committee has worked diligently to translate most of our website content. With the help of the Comms Committee as well as our dedicated IT officers, the CFMS.org/fr French website has been revised and will be maintained in order to present the most updated content.

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In the upcoming month, the bilingualism committee will be focused on translating the Matchbook intended to educate medical students about the Match and assist with career planning. Stay tuned for more information in the upcoming weeks.

## CFMS Travel Awards

The issue of equal allocation of travel awards by region has been raised in previous general meetings. In hopes of achieving a more balanced distribution travel award recipients across Canada, a new model of distribution was tested for the SGM. This year, the travel awards were distributed geographically, such that the Western region received 2 awards, Ontario and Quebec received 3 awards, and Atlantic Canada received 1 award. Two wild card awards were given to the next top scoring applicants. As always, the CFMS Nominations Committee played a central role in assisting with the ranking of all applicants.

This past year, a total of 16 students from across Canada were selected as recipients of Travel Awards to attend SGM 2017 and AGM 2017. These recipients were selected from among 109 exceptional applicants from 13 member schools as well as individual members. In collaboration with the Nomination Committee, the Travel Awards applications system was changed to a Google Form format as to individual email submissions for AGM 2017. This has helped tremendously in streamlining the selection process and facilitating communication. We always welcome your suggestions to help us continuously improve the travel award program.

## **IV. FOLLOW UP, VISION, GOALS & RECOMMENDATIONS FOR THIS POSITION**

### Liaison with FMEQ

Due to scheduling difficulties, CFMS and FMEQ did not have any joint executive meetings this year. However, there was good communication between homologous executive members throughout the year. Nonetheless, it would be beneficial to have an annual joint executive meeting as to further enhance collaboration between both student organizations. In the future, we should continue to work with the FMEQ on advocacy, medical education and translation projects. Efforts should also be made in improving the engagement of individual members and promotion of CFMS membership with its numerous benefits to French schools.

### Bilingualism

The challenges of this portfolio are numerous and include establishing the permanence of the translation team and the formal recognition of the volunteer translators with appropriate incentives. During SGM, all student-translators' profile pictures were put on display in order to highlight their hard work and dedication behind the scenes. In addition to making this a habit, I would also recommend bringing back the practice of funding a member of the translation team to attend general meetings as the official social media translator. Specific projects that should be considered for translation include the completion of the new website, CFMS bylaws and all new student resources, in addition to our current social media translation efforts.

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## Travel Awards

In collaboration with the Nomination Committee, continued efforts should be put into optimizing the Travel Awards applications process. By trending the award applicant and recipient demographic data with every call, we are able to monitor the long-term applicant trends and ensure that our selection process remains unbiased. This year, we have modified the selection criteria as to ensure a more even geographical distribution of travel awards. Finally, promoting greater engagement of Travel Award winners before, during and after general meetings is recommended as most recipients are first-timers and are eager to become newly involved within the CFMS.

For comments or inquiries, please feel free to contact me at the address below.

### **Lucy Luo, B. Sc**

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