

EXECUTIVE REPORT

*Corinne Cécyre-Chartrand, Quebec Regional Director
2020 Spring General Meeting
Virtual, April 16-18th 2020*



I. DESCRIPTION AND INTRODUCTION

The Canadian Federation of Medical Students (CFMS) is the representative voice of Canadian medical students to the national medical organizations, to the federal government, to the public, and to other external bodies. The CFMS represents over 8000 medical students at 15 Canadian medical schools from coast to coast. It is the mission of CFMS to represent, support, and connect its members. CFMS aims to communicate within its membership, as well as from its membership, to the world at large. As an ever-expanding organization, CFMS continually strives to meet the consistent and changing needs of Canadian medical students.

Brief Description

The CFMS Québec Regional Director is responsible for representing all CFMS member schools in Quebec. The school is:

- McGill University.

The Québec Regional Director also represents individual CFMS members who are from other Quebec medical schools. The Québec Regional Director will chair or attend external meetings, committees, task forces and working groups as required by their regional duties and by their attaché dyad position. They will collaborate with medical societies in the planning of Québec events. Additionally, the Québec Regional Director carries out strategic duties in maintaining their fiduciary responsibilities to the CFMS. Finally, the Québec Regional Director serves as a liaison between the CFMS and the Fédération Médicale Étudiante du Québec (FMEQ).

II. SELECTED MEETINGS ATTENDED

Date	Meeting	Location
Dec 20, 2019	Intro CFMS meeting with Victor Do	Phone call
Dec 21, 2019	Intro Dyad Portfolio meeting with Sarah Zahabi	Phone call
Dec 30, 2019	Intro Quebec Rep meeting with Adel Arezki	Phone call
Jan 2, 2020	Wellness Committee intro meeting with Hayley Hill	Phone call
Jan 3, 2020	FMEQ update meeting with Rami Habib	Phone call
Jan 3-5, 2020	Winter Board Meeting	Toronto, ON
Jan 12, 2020	Wellness Round Table	Teleconference
Jan 19, 2020	FMEQ General Council #3	Montreal, QC

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Feb, 2, 2020	Wellness Round Table	Teleconference
Feb, 7, 2020	National Wellness Challenge Prize Allocation	Montreal, QC
Feb, 13, 2020	Student Affairs Director Meeting	Teleconference
Feb, 16, 2020	CFMS Board Teleconference	Teleconference
Feb, 28, 2020	Student Affairs Working Plan Meeting	Montreal, QC
Mar, 1, 2020	Wellness Round Table	Teleconference
Mar, 14, 2020	FMEQ General Council #4	Montreal, QC
Mar, 15, 2020	CFMS Board Teleconference	Teleconference
Mar, 20, 2020	CMA-Quebec Student Committee	Teleconference
Mar, 20, 2020	Board Midway Assessment	Teleconference
April, 4, 2020	Student Affairs Board Check-in	Teleconference
April, 5, 2020	CFMS Board Teleconference	Teleconference
April, 5, 2020	Wellness Round Table	Teleconference
April, 6, 2020	Student Affairs Strategic Plan Meeting	Teleconference
April 7, 2020	CMA Wellness Collaboration	Teleconference

II. PRIORITIES AND PROJECT AREAS

a. Bilingualism Committee

- i. Candidates submitted their nomination forms and with the help of the Bilingualism Committee Lead, we evaluated each candidate. The teams were selected based on individual scores to establish teams that were appropriately balanced. Team leads were then selected and informed of their new position and role.
- ii. The committee lead is in charge of distributing any translation requests for the CFMS to the other team leads and to review the ToRs for the bilingualism committee. Some members that were previously on the committee also expressed that they wanted to renew their contract for 2019-2020. By the end of January, the bilingualism committee was fully completed and up and running.

b. Student Affairs

- i. I will continue working as the Student Affairs attaché, providing input on the Director's tasks and an advocacy platform at the round tables, which I chair on the first Sunday of every month.

EXECUTIVE REPORT

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- ii. I was also responsible for participating in the launch of the CFMS National Wellness Challenge that took place from January 20th to February 14th. I was responsible for translating some documents and posts as well as sending the prizes to the winners of the second week and keeping track of the challenges. It was great to see so many students participate individually as well as in teams. The winners expressed their gratitude after receiving news of their win!
 - iii. I worked in collaboration with the Student Affairs Portfolio Director to create the Strategic Plan.
 - iv. I worked with the Students Affairs Director to establish Wellness collaboration opportunities with CMA.
- c. Regional Engagement/advocacy**
- i. I wanted to increase the CFMS transparency and visibility regionally. I worked alongside the CFMS representative at McGill University to collaborate and incorporate CFMS announcements. We made sure students were aware of the initiatives that CFMS undertook. I also worked closely with McGill's VP Wellness and reps to advertise what was brought forward at the Wellness Round Tables each month.
 - ii. I attended FMEQ's General Councils and Congress to get input on regional advocacy points and issues and also provided CFMS presentations to update the rest of the Quebec Students on CFMS initiatives. To increase the collaboration with CFMS and FEMQ, the Wellness Round table also passed a motion to allow the FMEQ Wellness Representative to attend the round tables. By doing this, students from FMEQ were able to participate in the National Wellness Challenge this year. The posts and documents were translated to French to make them more easily accessible to students.
 - iii. CMA-Qc's Student Committee and I established a plan to increase collaboration between CFMS and CMA at the regional level and support student initiatives that can be advertised by both our portfolios.
 - iv. Collaborating with the MedGames 2021 Organizing Committee to establish CMFS promotion for this event.

V. FUTURE PLANS AND ACTION ITEMS

Future plans:

- a. Continue collaborating with the FMEQ executive council to increase student opportunities, such as the FMEQ Wellness Rep and the FMEQ President and VP, by attending all future FMEQ GC's and providing updates from CFMS to all attendees. Although not all Quebec schools are part of CFMS, I believe medical education can be optimized by collaborating on different topics that overlap and learn from all organizations.

EXECUTIVE REPORT

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- b. I want to increase collaboration with stakeholders such as CMA at the regional level by organizing regular meetings with the CMA-Qc Student committee to discuss how we can help students attend events or support some initiatives.

COVID-19 impacts:

- a. All in-person activities and general councils are now being held via online platforms or teleconferences. Moving forward, I want to make sure that Quebec students are aware of all the CFMS initiatives that are available on the different online platforms by collaborating with McGill's current and incoming CMFS representative.
- b. Furthermore, as COVID-19 affects all Canadian Medical Schools, I plan on keeping track of the support groups or initiatives held by FMEQ to evaluate if there is overlap as well as to attend the future FMEQ GC's, even during COVID-19.

V. REFLECTIONS AND CONCLUSIONS

I was late to join the CFMS team but can honestly say that the Winter Board Meeting in Toronto was the perfect opportunity to grasp the extent of all that CFMS does and understand the meaning of the different portfolios! I am thankful for the support the board has given me and remember being very excited to start my regional director role by acting as liaison between the CFMS and FMEQ. Moreover, being part of the Student Affairs Dyad is motivating because student wellbeing is something that I genuinely care about. Over the past few months, I had the privilege of seeing the launch of exciting initiatives and their impact on students. Being able to witness first hand the hard work and dedication that goes into student wellness and learning experience was eye opening. The collaboration amongst all schools during the current global pandemic is truly inspiring and I cannot wait to see up-coming projects come to life and continue supporting our current work. Thank you for letting me be a part of the CFMS team, it's been a true pleasure to serve as Quebec Regional Director so far.

Kindest regards,

Corinne Cécyre-Chartrand, M.D., C.M. Candidate (2022)

Class President | McGill University

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