Resolution Title: *Resource Stewardship in Medical Education*

WHEREAS the Canadian Federation of Medical Students (CFMS) currently has no position paper on resource stewardship and its role in medical education;

WHEREAS approximately 30% of healthcare expenditures are spent on unnecessary medical tests, treatments, and procedures;

WHEREAS provision of unnecessary tests, treatments and procedures due to inadequate resource stewardship poses an unacceptable risk to the safety of patients and to the financial solvency of the health care system;

WHEREAS Medical education must include adequate training that prepares students to practice high-value care by curbing wasteful, inappropriate care;

WHEREAS medical student organizations such as the Fédération médicale étudiante du Québec (FMEQ), the Ontario Medical Students’ Association (OMSA) and the CFMS itself have partnered with Choosing Wisely Canada;

WHEREAS over 50 medical-surgical specialty societies, the 13 provincial-territorial medical associations, Health Canada, various provincial Ministries of Health, and every Canadian Faculty of Medicine have endorsed Choosing Wisely Canada;

WHEREAS the list of ‘Six Things Medical Students and Trainees’ should question was developed in consultation with over 1900 Canadian medical students;

WHEREAS the CFMS and FMEQ Executive Councils have officially endorsed the list of ‘Six Things Medical Students and Trainees’ should question;

WHEREAS the adoption of such a paper would allow for members, National Officers, and the CFMS Executive to champion this issue more effectively with official CFMS support;

WHEREAS the adoption of this paper would enable Canadian medical students to advocate for the incorporation of resource stewardship principles into their training;

WHEREAS education pertaining to resource stewardship and resistance is in the best interests of future physicians and the patients they serve, in addition to the healthcare system as a whole;

BE IT RESOLVED THAT the CFMS formally adopt the attached, edited policy document entitled, “Less is more: Integration of resource stewardship in medical education”.

Financial Cost: $0

Level of Effort: 0 hours

Line Item: N/A

Moved by: Elliot Lass (University of Toronto)

Seconded by: Anand Lakhani (University of Toronto)