

NATIONAL OFFICER REPORT

Michaela Ryan, National Officer of Reproductive and Sexual Health

2019 Annual General Meeting

September 20-22nd, 2019, St. John's NL



I. ACTIVITIES OF National Officer of Reproductive and Sexual Health (NORSH)

During the 2018-2019 term, the focus of the NORSH was:

- 1) Increase collaboration between Local Officers of Sexual and Reproductive Health
 - a. LORSHs participated in Reproductive and Sexual Health (RSH) teleconferences throughout the year – updating and collaborating amongst each other with regards to RSH projects occurring at each LORSHs respective CFMS member school.
 - b. Continued with the “BioSketch” project in order for LORSHs to get to know one another better
 - c. Started a LORSH facebook group for more rapid communication and collaboration
- 2) Increase awareness and participation in IFMSA SCORA exchanges
 - a. This year, the CFMS sent 6 members on SCORA exchanges in Jordan, Ghana, Rwanda, Portugal, and Romania. These exchanges focused on global health and sexual and reproductive health within a different cultural context. Exchange participants were asked to provide testimonials and photos upon return in order to create promotional material to aid in recruitment for participation in next year’s SCORA exchanges
 - b. Another focus for this year was to develop the CFMS’s first ever SCORA exchange. The preliminary plan for the exchange is to host in summer of 2020 for 4 weeks (2 weeks in Toronto, 2 weeks in Ottawa). An organizing committee has been formed and is planning to submit a proposal in January 2020.
- 3) Organize social media awareness campaigns
 - a. Three successful social media campaigns were organized and implemented throughout the year to commemorate the following international days: World AIDS Day, International Women’s Day, and International Day Against Transphobia and Homophobia.

There were also multiple ideas/plans for advocacy-related position papers related to sexual and reproductive health. However, there were difficulties finding motivated and dedicated individuals to help bring these ideas into fruition. It is suggested that in the future, the NORSH can put out a formal call to create a specific committee dedicated to the creation of position papers, or other specific advocacy projects.

II. MEETINGS ATTENDED

Date	Meeting	Location
Oct. 22, 2018	National Officer Teleconference	Teleconference
Nov. 13, 2018	RSH Committee Teleconference (chair)	Teleconference
Jan. 31, 2019	NORSH and SCORA Liaison Teleconference	Teleconference
Feb. 9, 2019	National Officer Teleconference	Teleconference

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Feb. 28, 2019	RSH Committee Teleconference (chair)	Teleconference
April 11-14, 2019	CFMS SGM	Niagara Falls, ON
April 14, 2019	CCME AFMC Equity, Diversity & Gender Equality Network Meeting	Niagara Falls, ON

III. CONCLUSIONS

Michaela Ryan, BSC (Hons)

MD Candidate 2020 – Memorial University

National Officer of Reproductive and Sexual Health | Officier National de Santé Sexuelle et
Reproductive

Canadian Federation of Medical Students | Fédération des étudiants et des
étudiantes en médecine du Canada

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